

# HE FALLS

8851 Macon Highway, Suite 403 • Athens, GA 30606 • 706-850-8550

# shared plates

#### Goat Cheese Plate

Goat cheese topped with honey, candied pecans & cranberries with Luna pita

#### Fruit & Cheese

Smoked cheddar pimento cheese with fresh fruit & Luna pita

10.99

#### Fried Green Tomatoes

Served with bleu cheese dressing

#### Banana Bread

Served with honey poppy seed butter

4.99

#### Cinnamon Bun

Housemade Cinnamon Bun with Sweet Vanilla Glaze

5.99

#### Half French Toast

Half order of Georgia Peach French Toast 6.99

# Biscuits & Gravy

Signature biscuits topped with sausage gravy

One split biscuit 4.99

Two split biscuits 8.99

# breakfast

#### Mill Town Breakfast Plate

Two eggs\* cooked any style with your choice of 1 protein, side and bread option:

Protein

Bacon · Sausage · Soysage

Side

Cheese Grits • Fried Potato Hash • Fruit

Bread

Biscuit • Whole Wheat or Sourdough Toast

9.99

# Vegetable and Egg Scrambler

Spinach, onion, goat cheese, & tomato scrambled together with two eggs\*. Served with choice of:

Cheese Grits • Fried Potato Hash • Fruit

**Bread** 

Biscuit • Whole Wheat or Sourdough Toast

10.99

## Bacon, Egg & Cheese Scrambler

Chopped bacon & smoked cheddar cheese scrambled together with two eggs\*. Served with choice of:

Side

Cheese Grits • Fried Potato Hash • Fruit

Bread

Biscuit • Whole Wheat or Sourdough Toast

10.99

# Pork Taco Plate

Two flour tortillas with drunken beans, eggs\*, house smoked pulled pork topped with jicama slaw. Served with cheese grits. 10.99

#### Breakfast Taco Plate

Two flour tortillas with drunken beans, eggs\*, & pico de gallo. Served with cheese grits.

9.99

## Salmon Cakes Benedict

Two house-made fresh atlantic salmon cakes topped with poached eggs\*, capers & chive hollandaise\*. Served with spring greens & a biscuit.

13.99

#### Truck Stop Benedict

Split biscuit topped with sausage gravy, sweet tea brined fried chicken breast, poached eggs\* with choice of cheese grits, fried potato hash or fruit.

#### Fried Green Tomato Benedict

Split biscuit with grilled pimento cheese, fried green tomatoes, poached eggs and hollandaise\*. Served with a choice of cheese grits, fried potato hash or fruit.

13.99

# Sausage & Peppers Bowl

UGA sausage sautéed with bell peppers, onions, mushrooms & spinach over choice of fried potato hash or cheese grits topped with poached eggs\* & chili-garlic aioli. Served with choice of biscuit.

Full order 13.99 Half order 8.99

#### Pulled Pork Bowl

Pulled pork, two poached eggs\*, & Carolina Fire BBQ sauce over choice of fried potato hash or cheese grits. Served with a biscuit.

Full order 12.99 Half order 7.99

## Garden Vegetable Bowl

Roasted Broccoli, bell peppers , onions & mushrooms over choice of fried potato hash or cheese grits topped with poached eggs\* & chive hollandaise\*. Served with a biscuit.

Full order 13.99 Half order 8.99

## Low Calorie Breakfast

Scrambled egg whites\*, seasonal fresh fruit, spring greens, & dry whole wheat toast.

10.99

# Tofu Stir Fry

Tofu sautéed with broccoli, bell peppers, red onions, mushrooms, soy sauce and nutritional yeast on a bed of fresh spinach.

Choice of one side of:

Cheese Grits • Fried Potato Hash • Fruit • Biscuit

**12.99** Add pineapple. **1.00** 

## Tricycle Plate

Choose One

Half Peach French Toast or Half Buttermilk Pancakes

Chanse Two

Two eggs\* (cooked any style), bacon, sausage, soysage, cheese grits, fried potato hash or fruit

11.99

# Georgia Peach French Toast

Luna sweet bread dipped in cinnamon-vanilla custard, pan fried and topped with chilled peach compote, whipped cream, candied pecans and powdered sugar.

Full order 10.99 Half order 6.99

#### Cook's Trail Mix Granola

Trail mix granola with Greek yogurt, seasonal fresh fruit, honey, & topped with a dollop of whipped cream.

8.99

#### Chocolate Cake for Breakfast

Chocolate layer cake with a chocolate drizzle & whipped cream. Served with fresh fruit

5.99

# **Buttermilk Pancakes**

Full Stack (5) **7.99** Half Stack (3) 4.99

One Pancake 1.50 Add Chocolate Chips 1.00

sides

# la carte

Cheese Grits 2.99 Sourdough Toast 2.99 Whole Wheat Toast 2.99 Sausage Patties 2.99 Bacon 3.49 Potato Hash

2.99

**Biscuit** 2.99 French Fries 2.99 Jicama Slaw 2.99 Gravy 2.99 Vegetarian Soysage 3.49

Two Eggs\* (cooked any style) 3.49 Tofu 3.49 3.49 3.49

Breakfast Taco Fresh Fruit Cup Half Grapefruit 3.49 Sliced Tomatoes

3.49

Salmon Cake with Caper Aioli 3.99 Sweet Tea Brined Fried Chicken Breast 3.99 Pulled Pork Taco 3.99 Fresh Fruit & Greek Yogurt 5.99 Specialty Jams .99

\* (THESE ITEMS MAY BE COOKED TO ORDER). CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

# mama's boy biscuit sandwiches

Bacon, Egg\* & Cheddar

Sausage, Egg\* & Cheddar

6.99

Egg\* & Cheese Biscuit

Bacon Biscuit

4.99

Sausage Biscuit

4.99

Soysage Biscuit

5.49

Soysage, Egg\* & Cheddar

Fried Chicken Biscuit **6.49** 

Chicken, Egg\* & Cheddar.

On sourdough or wheat toast add **1.00** 

# chef's signature biscuit sandwiches

## The Farm

Fried chicken, cheddar cheese, over medium egg\*, bacon & tomato.

9.99

#### Knuckle Sandwich

UGA smoked knuckle ham, cheddar cheese, fried egg\* and apple butter.

7.99

## Company Biscuit

Salmon cake, goat cheese, over easy egg\*, tomato, spinach, shaved red onion and caper aioli.

8.99

#### The Smoke Shed

Pulled pork, pimento cheese, over medium egg\* & tomato.

7.99

# lunch

Served all day

# Pimento Cheese Burger

Ground beef\* topped with our smoked cheddarpimento cheese, lettuce, onion, mayonnaise & a sliced tomato on a brioche buns. Served with pickle spear & fries.

12.99

# Pulled Pork Sandwich

House smoked pulled pork with jicama slaw and Carolina fire bbq sauce on a brioche buns. Served with pickle spear & fries.

10.99

## Chicken Salad Sandwich

Apple & cranberry chicken salad with toasted pecans, onions, lettuce & tomato on whole wheat.

Served with fruit.

10.99

#### **BLT Sandwich**

Apple wood smoked bacon, mayo, lettuce & tomato on toasted sourdough served with fries & pickle spear.

10.99

Substitute fried green tomato for 1.99

# For any sandwich:

add cheese .99

add egg\* **1.99** add bacon **3.49** 

add fried green tomato 2.99

#### Grilled Chicken Salad

Grilled Chicken on a bed of mixed greens, tomato, cucumber, shaved red onion and biscuit croutons.

7.99 / 12.99

# Spinach Fruit Salad

Fresh spinach with seasonal fruit, candied pecans, & goat cheese. Served with a biscuit.

6.99 / 11.99

Choice of dressing: balsamic vinaigrette, buttermilk ranch, blue cheese or honey mustard

Add a scoop of chicken salad, fried or grilled chicken to salad for **3.99** 

# drinks

#### COLD

Strawberry Lemonade 2.99 One Free Refill

Sweet Tea, Unsweet Tea,

Coke. Diet Coke. Coke Zero.

Mr. Pibb, Sprite, Soda Water

2.25 Free Refills

Orange Juice, Grapefruit Juice,

Apple Juice, V8

**2.99** Small

**3.99** Large

Milk, Chocolate Milk, Soy Milk, Almond Milk

**2.99** Small

**3.99** Large

Iced Coffee

**3.49** Free Refills

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# Mama's Boy Blend Jittery Joe's Coffee

**3.49** Free Refills

Americano

**2.99** Single Espresso

1.75

Double Espresso

3.25

Cappuccino

4.99

Latté

4.99

To-Go Coffee

# Add a Flavor Shot

Vanilla, Caramel or Hazelnut Ask about our seasonal flavors

.79

Hot Chocolate

**2.99** 

Mocha

4.99

Hot Tea

(each additional tea bag **1.00**) Ask your server for selection

# Mama's Boy is proud to serve UGA sourced breakfast sausage

\* (THESE ITEMS MAY BE COOKED TO ORDER). CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

# To-Go Orders

Call (706) 850-8550